



Available to Kindergarten, First, Second and Transition: Turkey & Cheese or Ham & Cheese Sandwich, Fruit, Veggie and Milk

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>		
4	5	6	7	8
NO SCHOOL	Biscuits and Chocolate Gravy Fruit Juice, Milk	Pancakes and Syrup Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk	Biscuit and Gravy Sausage and Fruit Juice, Milk
	<p>Cheese Pizza</p> <p>Baby Carrrts Salad Bar Fruit Milk</p> <p>National Cheese Pizza Day</p>	<p>Chicken Nuggets</p> <p>Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk</p>	<p>Crispito w/ Cheese Sauce</p> <p>Refried Beans Chips and Salsa Salad Bar Fruit Milk</p>	<p>Corn Dog</p> <p>Broccoli and Cheese Salad Bar Fruit Milk</p>
11	12	13	14	15
Sausage Biscuit Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	PROFESSIONAL DAY
<p>Ham and Cheese Croissant</p> <p>Baked Beans Potato Chips Salad Bar Fruit Milk</p>	<p>Vegetable Beef Soup</p> <p>Cheese Stick Crackers Salad Bar and Fruit Cinnamon Roll Milk and Juice</p>	<p>Chicken Tenders</p> <p>Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk</p>	<p>Crunchy Taco</p> <p>Seasoned Sweet Corn Salad Bar Fruit Milk</p>	
18	19	20	21	22
Breakfast Pizza Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	Waffles and Syrup Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
<p>Cheeseburger</p> <p>Potato Wedges Salad Bar Fruit Cookie and Milk</p> <p>National Cheeseburger Day</p>	<p>Chicken and Noodles w/ Cornbread</p> <p>GoGurt Sweet Peas Salad Bar Fruit Milk</p>	<p>Pork Loin</p> <p>Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk</p>	<p>Frito Chili Pie</p> <p>Corn on the Cob Salad Bar Fruit SideKick Milk</p>	<p>Ham and Cheese Flatbread</p> <p>Baked Beans Salad Bar Fruit Jello Milk</p>
25	26	27	28	29
Sausage Biscuit Fruit Juice, Milk	Donut Fruit Juice, Milk	Yogurt Parfait Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
<p>Cheese Quesadilla</p> <p>Refried Beans Salad Bar Fruit Milk</p> <p>National Quesadilla Day</p>	<p>Burrito</p> <p>Corn Salad Bar Fruit Ice Cream Milk</p>	<p>Chicken and Waffles</p> <p>Syrup Cup Potato Smiles Salad Bar Fruit Milk</p>	<p>Pizza Spaghetti</p> <p>Green Beans Salad Bar Fruit Milk</p>	<p>Fish Sticks</p> <p>"Fried" Potatoes Pinto Beans Salad Bar Fruit Milk</p>

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.